

# Blueprint for a Healthy Clackamas County

Suicide Prevention Coalition of Clackamas County

March 16, 2021

# Blueprint for a Healthy Clackamas County

- **Blueprint Plan / Community Health Improvement Plan completed every 3-5 years. Required for all Local Public Health Departments.**
- **Presently conducting the Blueprint Plan update for 2020-2023. The previous plan was for 2017-2020.**
- **The Blueprint Plan determines how community based limited funding and staffing resources are dedicated. For 2021-2023 approximately \$400K available for implementation of the Plan by the community. RFP released during the summer.**
- **Extensive community engagement process**



# Blueprint for a Healthy Clackamas County goals for 2020-2023

## COVID-19 Response & Resiliency

## Racial Health Equity

### Access to Care

1. improve access to mental, physical and dental health.
2. equitable transportation systems that supports resident health, safety, and access to essential services

### Culture of Health

1. affordable, stable, safe and accessible housing
2. access to affordable culturally acceptable healthy food.

### Healthy Behaviors

1. coordinate a system of support for those affected by substance use, mental health challenges and and/or identified as being at risk for suicide
2. promote physical activity to lower the risk and complications of chronic disease

# Suicide Reduction Strategy Development

- 1. Reduce fire-arm related deaths
- 2. Follow-up after emergency department visit for mental health
- 3. Increase participation in Get Trained To Help as well as other resources like the Crisis Line, 211, etc.

## Suicide Reduction - Strategy Development

### *COALITION BRAINSTORM & DISCUSSION*

1. Small Groups with Facilitators and a Note taker/Reporter to the large group; 18-20 minutes total; Scribes/Reporters take notes and report out
2. For each strategy, brainstorm, discuss & identify at least 2 items:
  - ***What could individuals do?***
  - ***What could systems and system partners do?***
  - ***Bring forward ideas (at least 4)***
3. Reporters share ideas with the full group



# Suicide Reduction - Strategy Development

## Notes – See Highlights for 03.16.21 Coalition Meeting

Participants at the 03.16.21 Suicide Prevention Coalition of Clackamas County met in three break out meetings to discuss strategies for Suicide Prevention concerning the following strategies:

- Reduce fire-arm related deaths
- 2. Follow-up after emergency department visit for mental health
- 3. Increase participation in Get Trained To Help as well as other resources like the Crisis Line, 211, etc.

Notes from those discussions are available with the highlights of the meeting: <https://www.clackamas.us/behavioralhealth/suicideprevention.html>



# Next Steps!

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Clackamas County Public Health will be reviewing all the ideas they've received for strategy implementation for suicide prevention from interested stakeholders, including the Suicide Prevention Coalition of Clackamas County, with the Public Health Advisory (PHAC). The PHAC provides oversight for implementation of Clackamas County Community Health Improvement Plan, otherwise known as the [Blueprint for a Healthy Clackamas County](#).