

**AGING SERVICES ADVISORY COUNCIL**  
**November 20, 2023 Meeting Minutes**  
**Meeting held via Zoom**  
**10:00 AM – 12:00 PM**

FACILITATOR		Eric Olson			
NOTE TAKER		R.E. Szego			
E	Anne Meader	A	Carol Bernhard	S	Brenda Durbin
P	Eric Olson	P	Sonya Norton	S	R.E. Szego
P	Jill Frankie	P	Marge Lorton	S	Jennifer Much Grund
P	Michelle Cassel	P	Dan Hoeschen	S	Jeanie Butler
A	Shella Razon-Lumetta		<del>Laraine Durham</del> - Resigned	V	Tina Foley-Strehl (SSD Intern)
P	Virginia Seitz	P	Lynne Byrne	V	Kristin Coppola, APD
A	Peter Zambetti	A	Dana Lord		
A	Camilla Henderson	P	Jim O'Brien		
P	Pat Torse	P	Scott Stahl		

**P-Present      A-Absent      E-Excused      S-Staff      V-Visitor**

ITEMS / ISSUES	DISCUSSION	FOLLOW-UP
<b>Meeting Called to Order</b>	<p><b>Brenda Durbin</b>, Director of Clackamas County Social Services, announced that Amy has taken a position outside of the County. R.E. ("Ari") Szego, Community Action Contracts Specialist, will support this group while we are recruiting for Amy's position.</p> <p><b>Eric Olson</b>, Council Chair, called the meeting to order at 10:07am. Quorum established – 11 of 17.</p>	<p>Email Jill Frankie the docs from Sept and Oct.</p> <p>Add Michelle and Marge to email list</p>
<b>Welcome Newly Appointed ASAC Members</b>	Icebreaker: What are you thankful for this season? Introductions	Check on letters to new members

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	<p><b>Brenda</b> made a few announcements related to Membership:</p> <ul style="list-style-type: none"> <li>• Laraine resigned from the Council this morning.</li> <li>• All New Members have been approved and can vote.</li> <li>• Sonya’s application didn’t get into the system, but now it’s been fixed.</li> </ul>	
<p><b>Welcome New Aging Services Program Manager – Jeanie Butler</b></p>	<p>Brenda: Jeanie brings decades of experience and amazing values.</p> <p>Jill: Do you have experience working with rural senior services and their ability to sustain themselves?</p> <p>Jeanie: At Washington County we maintained active contact with Community Centers – e.g. meal programs; contracted with Meals on Wheels; congregate meal sites (e.g. IRCO); but no foundational funding for Centers. Looking forward to visiting all of the centers.</p>	
<p><b>Review and Adoption of Minutes</b></p>	<p>Brenda apologized that we don’t have minutes to approve today. We will have them ready to approve in Dec.</p>	<p>Finalize October Minutes for approval at December meeting.</p>
<p><b>Review Previous Area Plan Engagement Strategies – Jennifer Much Grund</b></p>	<p><b>Jennifer Much Grund</b>, Policy, Performance, and Research Analyst, reviewed the process for development of the previous Area Plan. This was accomplished on a tight timeline with an est. 6mo period to collect data. Proposing similar for period of gathering input – 5mo period – for 2025 Area Plan.</p> <p>The prior process included:</p> <ul style="list-style-type: none"> <li>• Determined what we were going to do</li> <li>• Gathered data</li> <li>• Brought data back to ASAC.</li> <li>• ASAC analyzed in topic groups and met with program staff related to</li> </ul>	<p>ALL: Provide feedback on survey and process prior to Dec meeting</p> <p>JENNIFER: Send Doodle Poll for scheduling Ad Hoc meeting - 1 hr between now and Dec meeting.</p> <p>Adoption process at Dec meeting or Jan, if needed.</p>

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	<p>that area. Helped us focus in on and develop a robust analysis of each area.</p> <p>Methods:</p> <ul style="list-style-type: none"> <li>• <u>Survey</u> was distributed through mass email, social media platforms, and paper copies. 64 paper surveys were collected at the Clackamas County front desk, plus additional paper responses were collected by visiting some of the Senior Centers. We received 729 responses to the survey; 180 of these on paper.</li> <li>• We held <u>Focus Groups</u> to gain information on additional questions based on Survey results and to access target groups</li> <li>• We also included information from <u>Listening Sessions</u> with Asian Health &amp; Services Center and participated on Governor’s Commission on Senior Services, as well as reviewing secondary data.</li> </ul> <p>Comments / Questions:</p> <ul style="list-style-type: none"> <li>• Jill: You weren’t able to get to senior centers... Was this due to lack of staffing? <ul style="list-style-type: none"> <li>○ Jennifer: Reached out to Senior Centers and asked for their assistance – could we come to congregate meal and/or distribute surveys. Went to every Center that said yes. Had someone doing outreach, including presentations on Loneliness, who also took surveys to her presentations. Some of these were held at Senior Centers.</li> </ul> </li> <li>• Lynne: Survey seemed daunting and lengthy. Is there a way to break it down to make it more manageable? <ul style="list-style-type: none"> <li>○ Jennifer: The online survey seemed more manageable – were able to complete one section and then submit. We also offered an option to complete the survey through a phone conversation.</li> </ul> </li> </ul>	

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	<p>Had one request for that, but could not reach them when we tried to call back. Can look at whether we need to approach the paper survey differently. Definitely was fatigue. People might leave a portion unfinished and focus on the sections that were of interest to them.</p> <ul style="list-style-type: none"><li>• Scott: Do you ever mine data from people like Kaiser Permanente? They ask questions every time you have an appointment. Same territory.<ul style="list-style-type: none"><li>○ Jennifer: We haven't been able to get info directly from them but we have used the needs assessment that the health orgs do on a similar cycle that focuses more on physical and mental health.</li><li>○ Lynne: Maybe a Kaiser rep could be a guest speaker or a resource on what they found, if they'd be willing to share.</li></ul></li><li>• Michelle: has been working on the NAPIS Report with Senior Center where they ask seniors to identify if they're transgender, what their pronouns are, and their sexual preferences. This has been very difficult for them to answer. Seniors in their 80s don't think that's any of the government's business.<ul style="list-style-type: none"><li>○ Jennifer: The State recently did a survey and released a report that we pulled into the Community Action Board Community Needs Assessment that delves into sexual orientation and gender identity with older population in Oregon. Most likely we'll pull some of that info.</li><li>○ Michelle: Is there a way to put a disclaimer so that people asking questions could get to don't want to answer.</li><li>○ BD: Reach out to Tonia Hunt. We have regular meetings with Senior Centers. Questions are required by the state. Opportunity to present questions in a different way. Required to</li></ul></li></ul>	

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	<p>get complete data. Jeannie and I can make sure it's on a future agenda and strategies for asking the question. Really want to know about people with different identities.</p> <ul style="list-style-type: none"><li>○ Lynne: It may not be that they're offended or don't want to know. A lot of the age group that we're targeted is unfamiliar or uneducated with all of the letters.</li><li>● Discussion about data collection strategies:<ul style="list-style-type: none"><li>○ Jill: Suggestion –Utilize the relationships ASAC members have with the staff at the Senior Centers to get more surveys filled out. Living in a rural community and would be very vested in getting this info.</li><li>○ Jennifer presented with an ASAC member at Centers.</li><li>○ Kristin will also distribute the survey through APD.</li><li>○ Virginia: Milwaukie Senior Center doesn't like to give surveys out at congregate meals because they're inundated.</li><li>○ Sonya: Folks only have half hour for lunch. It's a challenge to get that done and each lunch.</li><li>○ Jennifer: Participants can return their survey responses to the center at their convenience.</li></ul></li><li>● Virginia: Is there info on how long it takes to complete?<ul style="list-style-type: none"><li>○ Jennifer: 86% of responses were fully completed. It took 10 min.</li></ul></li></ul> <p>Brenda would like to have a final draft survey tool and process by the December meeting. Send your questions or comments to Jennifer or we can have an <b>Ad Hoc meeting</b> between now and then.</p> <ul style="list-style-type: none"><li>● Ad Hoc meeting interest: Pat, Michelle, Eric, Scott, Lynne, Jill. Jennifer will send a Doodle Poll to find a time to schedule the meeting. You can ignore the Doodle Poll email if you don't want to be part of this</li></ul>	

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	group.	
<b>ACL Committee Check In – Marge</b>	<p><b>Marge Lorton</b> reported that the <b>Adult Center Liaison Committee</b> need members. She reminded the group that everyone on ASAC is expected to join at least one committee. ACL Committee members have lunch at senior centers. They go to the Center, pay \$3-4, have lunch, fill out forms, and return the forms to Marge and Jeanie. Several meet with the Center Manager and turn info over for further action.</p> <ul style="list-style-type: none"> <li>• Marge will meet with Jeanie to find out her expectations, boundaries, and vision for the Adult Center Liaisons.</li> </ul> <p>Interest: Pat, Lynne, Michelle.</p> <p>In deference to rural members, Marge will wait until March to schedule lunch visits.</p> <p><b>Brenda</b> will work on having a report from the work that was done over the summer available for Dec meeting.</p>	<p>Marge and Jeanie meet Marge: Schedule lunch at Centers (in March and later)</p>
<b>O4AD Report</b>	<p>Brenda shared that ASAC members participated in the Oregon Association of Area Aging Agencies and Disabilities (O4AD) Meeting for all AAA (Area Agencies on Aging) staff and Advisory Council members. Sonya and Jill attended.</p> <p>Jill noted that presentations were very extensive and informative from Fair Housing Council of Oregon and Oregon Project Independence (OPI). She also attended a breakout session with other ASAC members from around the state and will share the minutes from this session. Networking is most important, being able to develop relationships and know what's happening with other ASACs so we can bring this information back to our Council. This</p>	<p>R.E.: Distribute the Mileage Reimbursement form.</p>

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	<p>helps us be more effective in what we're doing and better able to represent our seniors.</p> <p>Sonya participated in person. It would have been nice to see a few more people from ASACs in person. She noted that there was good learning not just on what's happening in larger counties, but also how other parts of the state do things.</p> <p>Jill shared that the next one will be held in January on Zoom only.</p> <p>Michelle: Do they know when the OPI Medicaid program is starting.  Brenda: Not January. State is hopeful that the federal government will approve in Dec with 3-4 months to launch program. Otherwise will likely be the Spring.  OPI is a State-funded longterm services and support. The State has been working for two years to get Medicaid funds to expand the program. During a future ASAC meeting we will discuss how this will change the look and feel of OPI moving forward.</p> <p>Brenda reminded the group that Social Services can provide mileage reimbursement for Members who attend O4AD and regular council meetings.</p>	
<p><b>Call for Ad Hoc Committee on Website Revision</b></p>	<p>Brenda would love some volunteers to review the ASAC part of the County's website. This will be over and est. one-two meeting. She's hoping for both longer-serving and shorter-term members to include different perspectives. Interest: Scott, Michelle, Dan</p>	<p>Brenda: Send email with link to website and propose times to meet.</p>

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<p><b>Member Updates</b></p>	<p>Pat: <b>Molalla Adult Center</b></p> <ul style="list-style-type: none"> <li>• They have many new members. At Bingo yesterday, the center was full. New people are coming in, including Veterans. They put fliers in a local magazine and developed specialty fliers that people are picking up and sharing. Seniors are getting a lot more bus rides.</li> <li>• They are planning: <ul style="list-style-type: none"> <li>○ Bazaar in Dec.</li> <li>○ Tea Party in Feb.</li> </ul> </li> <li>• They are waiting for state to come back on the property survey.</li> <li>• The Center added a welcoming committee following negative feedback.</li> </ul> <p>Jill: <b>Hoodland Senior Center</b> Director retired. They are interviewing for a replacement.</p> <ul style="list-style-type: none"> <li>• Jill and Michelle attended the Board meeting. When she's attended Board meetings, they ask questions, want to know what's going on with the ASAC, and appreciate face to face contact.</li> <li>• The Center is currently operating at a deficit and hopes for more activities, services, ways to fundraise with new Director.</li> </ul> <p>Sonya: <b>Milwaukie Senior Center</b> had a bus from the Molalla Senior Center come for lunch (and also went to Pioneer Center). It's a great idea for centers to visit other centers.</p> <ul style="list-style-type: none"> <li>• Milwaukie Senior Center often has live music a lunch time and a small café where you can have a quick inexpensive lunch. There's Bingo after lunch on Tuesdays and Thursdays.</li> <li>• They serve 270 meals a day with Meals on Wheels and have had more folks coming in for congregate than before the pandemic.</li> </ul>	

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	<p>Sonya: <b>Villages Northwest</b> continues to grow. Some community members are looking to start a new one in Happy Valley. Also someone is looking at a group in Damascus/Boring.</p> <ul style="list-style-type: none"> <li>• Need 4-5 interested community members to start a group.</li> <li>• Volunteers offer transportation, help inside the house, gardening, inside work, friendly visits – help seniors stay in their home. Only two of the villages have part time employees. There are 10 in metro area; currently 3 in Clackamas County. In some places the community centers run the Village. Others are non-profits or the AAAs.</li> </ul>	
<b>Adjourn</b>	11:42am	
<b>Next Meeting</b>	December 18, 2023 <b>via Zoom</b>	