

Clackamas County Suicide Prevention Action Plan

Community Action Team Minutes

November 10th, 2022 | 4 – 5pm
Virtual Meeting

Attendees: Elisa Gerber (Chair and facilitator), Monica Parmley-Frutiger (Co-chair), Mike Foley, Mary Clark, Galli Murray

1) Welcome to the first meeting of the Community Action Team & introductions

Reviewed purpose of this action team which is to: Develop, implement, and support community-based programs and education that promote wellness, safe messaging and prevent suicide within our community.

2) Reviewed Suicide Prevention Action Plan (SPAP) strategic directions for the Community Action Team:

- 4a. Train youth and young adults how to identify signs and symptoms of someone who is struggling.
- 4b. Increase and sustain mental health awareness and suicide prevention training trainer capacity.
- 4c. Increase awareness of suicide prevention related resources and make information accessible to all Clackamas County residents.
- 4d. Develop strong social networks and connections to reduce isolation

Team discussed the need to better understand what is currently happening/current available resources in the County before being able to go too far with these strategic directions. **Action item** is to locate survey information from the County's needs assessment completed in 2019 and resource mapping done in 2020 to see if this information is sufficient or if we need to re-survey the community. (4a, 4b, 4c, 4d) Discussed the possibility that other action teams might also find this information useful.

Elisa shared that she is going on a "road show" of senior centers in the County and could distribute information at these events. She noted that "all presentations" are welcomed at these events. Potential opportunity to educate our older adult community and staff about suicide prevention related resources as well as possibly gain staff interest in train the trainer opportunities for things like Mental Health First Aid and QPR trainings. Mention of Brenda Durbin, Director of Clackamas County Social Services Division, has staff that go into senior centers (4c and 4d)

Discussed what training requirements long term care facilities have for staff. Discussed that there is no requirement for staff to take mental health awareness or suicide prevention trainings. ORS 411-054-0070 speaks to current requirements.

Monica shared that Multnomah County sponsored individuals to become ASIST trainers with the agreement that they would provide 3 trainings for 1 year in exchange (4b)

Mike shared that we should establish a relationship with Pamplin media, The Living Room, Philip Mason Joyner, Director of Clackamas County Public Health and the County's Equity Office to help distribute information (4b and 4c)

Review action items

1. Galli to locate survey(s) and send to Chair and Co-chair for distribution to team

Next meeting: December 8th | Time: 4 – 5pm | Location: Virtual - <https://clackamas-us-countyhealth.zoom.us/j/81781538888>

Meetings are open to anyone. All are welcome!