

## 2.12.24 YYAAT

1. **Attendees:** Carlos Benson Martinez, Megan Miller, Tabor Moro, Megan Hohman, Kenzie Meyer, Brian McCrady, Maureen Palaoro
2. Mixed Media Recommendations | 15 min
  - a. "Just Look Up" by Joe Beckman (book)
  - b. Why are all the black kids sitting together (book)
    - i. Post-traumatic slave syndrome by Dr. Joy Degry
  - c. Adult Children of Emotionally Immature Parents! (book)
  - d. Somewhere over the rainbow (Israel Kamakawiwo'ole) (song)
  - e. The boys and the bow (movie)
  - f. Remember the Titans (movie)
  - g. Atypical (tv show)
3. Form Results | 10 min
4. 'What is a Mental Health Crisis' slide
  - a. Breakout rooms | 15 min
    - i. Reviewed QPR slides to pull language what a crisis looks like, warning signs in small groups
    - ii. Add positive data/statistics about protective factors
    - iii. Graphic of oregon data compared to national may be more useful for parents
    - iv. Warning signs (add examples for broad ones)
    - v. Barrier list good as is
    - vi. Myth 2, 4, 5\*, 6, 7\*
  - b. Report out/discussion | 15 min
5. Closing | 5 min

### **Ideas for next meeting:**

- Holding space to review conversation from QPR slides
- Looking for more positive data on protective factors for youth
  - "Community Assessment Survey"
  
- Update on meeting LRIS
- Feedback on layout/resources of crisis section
- Feedback on what a crisis looks like, disclaimer