

Mental Health & Addictions Council

Meeting Minutes
 Tuesday, February 27, 2024
 4:30 - 6:30 PM
 Zoom Meeting

Members Attending: Teresa M., Sheri P., Cathy H., Pam P., Sara C., Bo B., Catherine L., Sherry C., Adam L.

Members Unexcused:

Members Excused: Cathy Horey

Staff: Mary Rumbaugh, Maritza Gonzalez

Guests: Amber Richards, Beto C., Dave Hunt

Item	Discussion	Action/Follow up
Call to Order, Establish Quorum (6 members), Approval of Minutes - Vice President	<ul style="list-style-type: none"> ➤ Teresa brought the meeting to order 4:38pm ➤ Introductions of members and guests. ➤ Review of group norms ➤ Approval of January meetings Sheri 1st Teresa 2nd 	
School Survey (next steps)- Mary R.	<ul style="list-style-type: none"> ➤ Mary states we are ready to talk about getting survey out the door, Teresa will filter into a spreadsheet and sort out responses. ➤ Trying to decide whether to focus on specific groups or cast all distribution list. ➤ Possible next step is Teresa to reach out to Sandy at Clackamas ESD, show her final survey to ask if there are any groups that we can push this out too. Dave states possibly including directors. ➤ Sherry volunteers to do through the data. 	Teresa and Mary to meet to finalize.
2024 Priorities and Strategies DRAFT - Teresa and Mary R.	<ul style="list-style-type: none"> ➤ Keeping the number 1 priority, taking advantage of the county Commissioners resolution to adopt recovery-oriented system of care, including harm reduction, recovery housing. Reworking the focus but keeping some actions, so continuing to partner with public health. Some of the feedback: The prevention part is essential, especially for youth and how dramatic the impact of use is on their development, it makes it more of a priority, it is not just a habit, but it interferes with their development. ➤ Pam gave story on an instance where child refused to go to hospital and died 2 weeks later, of an overdose due to Oregon law stating 15 years or older can consent to own medical services. ➤ Mary: Agree that this is a priority topic. 	Mary will find out if gift cards can be given to youth for involvement.

	<ul style="list-style-type: none"> ➤ Housing - Clackamas County is using \$4.7 million in Behavioral health housing investments, primarily focused on aid and assist and SPMI clients. Clackamas County has exceeded their goals on the number of people housed. ➤ Continuum of Care committee needs to have much more broad representation. They are bringing up a third party on how to expand membership to include folks that have houseless experience. Remains a priority for Mary. Next couple of months will be hitting all action items, brainstorm ideas on recruiting, but also bringing in opportunities for youth. Suggestion of possibly giving youth a gift card for being involved. ➤ Keeping #4 updated actions engaging with school, added role of peer support, keeping low priorities. Update on Priorities for Mary's division (Behavioral Health): expansion of 24/7 Crisis response peer run respite, development of a 23-hour crisis stabilization center in partnership with Sherrif office. Teresa looks for a motion to approve. Teresa motions to approve Sheri 2nd 	
<p><i>Orientation of Community Mental Health Program and role of MHAC - Mary R.</i></p>	<ul style="list-style-type: none"> ➤ Providing new council members with orientation on what statue requires, and possibly meeting new members before MHAC meeting. ➤ Advisory functions/Roles and Responsibilities: to determine the need for local Mental Health services, adopt a comprehensive local plan for delivery of mental health services to the community. MH Programs and CCO's will work together to identify the local plan. This has been on plan, but it will come back possibly in 2025. ➤ The purpose of the director is to provide efficient services to meet mental health needs of the community. No person shall be denied services due to ability to pay, services must be timely, 24 hours to 7 days depending on condition. ➤ Main challenges: workforce, housing residential crisis, fentanyl and addiction crisis, insufficient funding for core functions. ➤ Possibly creating a chart on overlay of services that help layout the continuum. The council agreed that this would be helpful to new members. 	
<p><i>Recruitment Notice Review and Vote - All</i></p>	<ul style="list-style-type: none"> ➤ Maritza is working with PGA to open our recruitment both for new members and for 3 current members who's term is expiring on 4/30: Pam, Teresa and Adam. We hope these folks will re-apply. 😊 	
<p><i>Committee updates - All</i></p>	<ul style="list-style-type: none"> ➤ Advocacy/Legislative Committee - Dave: Prioritizing 988 and growing mobile crisis response team. There will be some Measure 110 reform coming out, more discussions around this expected. Deadline for sheriff, DA, and Board to sign on saying yes to being part of the deflection program. ➤ Nominating Committee - Work with PGA to open the recruitment. Teresa 1st, Pam 2nd. Is there a way to open a youth position? Question about possibly getting school credit for participating. It would be great to have youth in meetings. ➤ Suicide Prevention Coalition of Clackamas County Update Youth - they are currently working on developing a peer support app for parents, and children. The 	

	<p>goal is to have a general outline of idea by beginning of June. If any youth are interested in talking about suicide prevention in Clackamas County, they will receive \$50 gift card for participating (from NAMI)</p> <ul style="list-style-type: none"> ➤ Director Update: Recovery center making good progress on meeting with providers, and peers on what program design will look like. More conversations coming, touring 2 buildings on Friday to get a visual. \$4.7 housing investments: awarded 2 contracts to Transcending Hope and the other to New Narrative. ➤ 23-hour stabilization Center over in Milwaukie. Individual can stay up to 23 hours, may call it more of a safe haven type model, short respite shelter, still working on the language. Going out to bid next month. Goal is end of 2024 early 2025. 	
Round Table	<ul style="list-style-type: none"> • Teresa- n/a • Sara- Contingent parent advisory council brainstormed on how to better help, the outcome was better technology. Oregon won foster America Title won Doris Duke so will now brainstorm ideas. • Bo- Recovery network of Oregon, app to access MH, addiction, housing, resource someone needs you can go on there. Recovery Summit Committee being held March 15-17 • Pam- 2 events: Teen advisory wellness week, teaching self-care (next week) Physical National Drug and alcohol week kick off lunch will be on 15th on 18th they will have online meeting Wilsonville High. • Amber - n/a • Dave H- Nami added new support groups including queer, Hispanic, women's only, lots of classes added 3 day a week in county jail. March 15 comedy night w/ professional comedian and 4 locals. More info on website. Partnership with Peer.net recruiting more info on ages 13-30 • Sheri -n/a • Sherry C - Glad to be here. • Catherine- n/a • Adam - n/a • Beto - Knows about mental illness but does not know anything about mental health, has curiosity about that topic. • Mary out of country in March, group decided to skip meeting that month, will bring votes to April meeting. Teresa 1st Sheri 2nd 	
Public Comment		
Recap; Summarize action items; Agenda item suggestion - All	<p style="text-align: center;">The meeting adjourned at 6:31pm</p> <ul style="list-style-type: none"> • Proposed agenda: School survey summary, recruitment updates 	

Next Meeting Date and Location	Tuesday April 23 from 4:30-6:30 pm via Virtual and Crisis Walk-In Clinic Please RSVP to Maritza Gonzalez at MGonzalez@clackamas.us .	
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