Clackamas County Suicide Prevention Action Plan

Health Care Action Team Minutes

June 6th, 2023 | 11 – 12pm Virtual Meeting

Attendees: Joan Hoff (facilitator and Chair); Donna-Marie Drucker (OR Firearm Safety Coalition President), Galli Murray (Suicide Prevention Coordinator), Kristine O'Brien (Community Engagement & Partnership Coordinator Portland VA), Becky Wilkinson (Providence Manager)

1) Welcome & introductions.

Reviewed purpose of this action team which is to: Promote suicide prevention as a core component of health care services and implement best or promising practices for identifying and supporting individuals at risk for suicide.

2) Reviewed Suicide Prevention Action Plan (SPAP) strategic directions for the Health Care Action Team:

3a. Increase lived experience and other related support groups that increase hope, connection, and resiliency.

3b. Training for, and materials to, healthcare providers will highlight universal suicide risk screening and treatment for suicide.

3c. Diversify and increase utilization of mental health and suicide prevention trainings available to health care providers.

Updates from previous meetings:

a. Doing a presentation at an AA meeting as Men (and others) go there and talk about life stressors. Each group is autonomous so maybe some groups would allow handouts or have secretaries announce the resource, but it is typically not something they would allow because it goes against their traditions to bring up outside issues other than alcoholism in meetings. The route to go to ask would be to contact the Cooperation with Professionals Committee, their contacts for the chair and co chairs are:

cpc-n@aa-oregon.org cpc-s@aa-oregon.org

b. A list of all the community centers so we can approach them in using their space for a potential Mens Shed in Clackamas.



b. A list of all the AA/NA meetings in Clackamas (see below). Perhaps we send the flier out to these meetings? Idea was suggested to look at small businesses that are owned by men. Also use the Chamber

of Commerce to connect with men.

https://clackamascountyna.com/clackamas-county and Find Clackamas, Oregon AA Meetings Near You | AlcoholicsAnonymous.com

- c. Develop a health care provider tool kit. **Joan** will check to see what process is for co-branding with AFSP/ how much time this will take and get back to us.
 - Update: AFSP will get back to us.
- d. AFSP is working with Safe Side to provide training for primary care clinics. Joan will check with Erin Weldon with AFSP about being able to observe one of these trainings. Update: no current trainings are being offered at this time. AFSP will let us know when they do occur.

New business:

- 1. Galli meeting with Scott, the new leader of the Canby Suicide Prevention Task Force, (today) 6/6 at 2pm virtually to see about possible collaboration. All are welcome to join.
- 2. DiDi Hirsch support group revisited Joan met with some folks who had taken the training who were "unhappy" with the provider training. Nothing new was offered. No support provided. Would not recommend.
- 3. Team spent time working on the draft table of contents (see below) for a health care provider tool kit. Timeline = develop draft to send to individuals to review/pilot for feedback by Nov. 1st. Piloting occurs 11/1 12/31.



Action Items

- 1. As a way to better connect with and support men, **Gall**i will create a flier that uses language from the AA/NA model (acts of service) that offers info about where to get trained to help, maybe offer trainings that are dedicated to the A/D world?, provides links to resources, postvention supports, stats about suicide risk and A&D use can all be included in the flier.
- 2. Galli will send out the draft table of contents to team. Team will send content to Galli.

<u>Next meeting</u>: from August 1st 11 – 12am | Location - virtual: <u>Click here to join the meeting</u>

Meetings are open to anyone. All are welcome!