

Clackamas County BRC Annual Review

Kaiser Permanente Team

Lilian Belaen - Executive Account Manager Jolene Daniels - Associate Account Manager Carrie Davino, MD - Physician Ambassador Ky Thai - Dental Account Manager Mel Hall - Underwriting Consultant

May 16, 2024



Today's Agenda

- Introductions and Welcome
- Kaiser Permanente News and Updates
- Clinical Analytic Reports
- Medical Plan
- Dental Plan
- Appendix



News and Updates



Center for Black Health and Wellness

Opening this summer, the Center for Black Health and Wellness will be led by a team of clinicians with experience in providing exceptional culturally competent care to Black patients and their families.

- Will be located within the East Interstate Medical Office in North Portland
- New option for Kaiser Permanente Northwest members interested in receiving primary care services
- Improve the health of our Black members and elevate their care experience
- Continue to build trust with Black members and the community
- Create culturally responsive care, and best practices that can be shared across our organization and the health care community



Thurston Way Imaging Center

Later this summer, KP will open Thurston Way Imaging Center in Vancouver, Washington. The new center will help to improve access in the North Service Area.

Services Offered:

- Mammography
- Ultrasound
- CT Scans



SELF REFERRALS & DIRECT SPECIALTY BOOKING



APPOINTMENT TICKETS

EASY TO ACCESS, MEMBER APPOINTMENT TICKETS ARE AVAILABLE TO BOOK DIRECTLY FROM WEB AND MOBILE

SPECIALTY CARE REFERRALS
23 SPECIALTIES

FOLLOW-UP APPOINTMENTS
12 SPECIALTIES

COMING SOON - IMAGING ULTRASOUND, MRI, CT, NUCLEAR MED



SELF-INITIATED SCHEDULING

ROUTINE CARE
PRIMARY CARE, PHYSICALS, PAP, MAMMOGRAM

NURSING SERVICES
40+ SERVICES

SPECIALTY CARE

26 SELF-REFERRAL SPECIALTIES, 11 SPECIALTIES ARE

UNIQUE INTEL OFFERINGS & 51 OFFER FOLLOW-UP APPOINTING

IMAGING ULTRASOUND, MRI, CT



DIRECT SPECIALTY BOOKING

PRIMARY & SPECIALTY CARE

MEDICAL TEAMS CAN BOOK AN APPOINTMENT FOR
REFERRALS PLACED DURING THE VISIT BEFORE THE

MEMBER LEAVES THEIR CURRENT APPOINTMENT

DIRECT BOOKING

RESULTS IN THE MEMBER BEING SEEN IN THE REFERRED SPECIALTY 5-6 DAYS SOONER THAN OTHER SCHEDULING OPTIONS

25 SPECIALTY DEPARTMENTS OFFER DIRECT BOOKING WITH MORE CONTINUING TO BE ADDED



You have an appointment ticket from your care team

Review your appointment ticket



Schedule appointment

Schedule an appointment to talk with a doctor, over video, phone, or in-person. Or schedule lab tests, wellness visits, health classes, and more.

Schedule an appointment



Office visit - Sunnybrook Nephrology

() Reschedule - Sep 12, 8:20 am



Clinical Analytic Reports

Preventive Care Member Engagement Chronic Condition



Your Group Demographics

Measure	Your Group	Kaiser Permanente regional average	Comparison to regional average	Kaiser Permanente industry average
Subscribers	813			
Members	2,020			
Average subscriber age	45.0	40.6	4.4 years older	47.9
Average member age	33.8	35.3	1.5 years younger	36.8
Gender (% female)	51.1%	51.0%	0.1% pts higher	52.3%
Average family size	2.5	1.6	0.9 higher	2.1
Enrollment stability index	93.5%	88.8%		94.7%



Member Engagement Overview

	Memk	per for 1 year o	r less	Member for longer than 1 year		
Member engagement category	Your group	Regional average	Industry average	Your group	Regional average	Industry average
Getting connected Registering and signing on to kp.org	64.6%	51.3%	63.3%	89.4%	81.3%	85.1%
Knowing your numbers Body mass index, blood pressure, exercise as a vital sign	68.8%	58.5%	60.9%	91.5%	85.4%	85.5%
Staying up to date Cancer screenings, flu shots, cholesterol, glucose	65.6%	55.8%	60.5%	86.7%	83.2%	86.6%
Seeking care Outpatient visits, nurse advice, secure messaging, filling prescriptions	43.8%	35.1%	44.7%	92.7%	87.7%	91.9%
Improving health Total Health Assessment, healthy lifestyle programs, Wellness Coaching by Phone	1.0%	1.9%	3.9%	1.9%	3.7%	3.6%

Preventative Services Overview

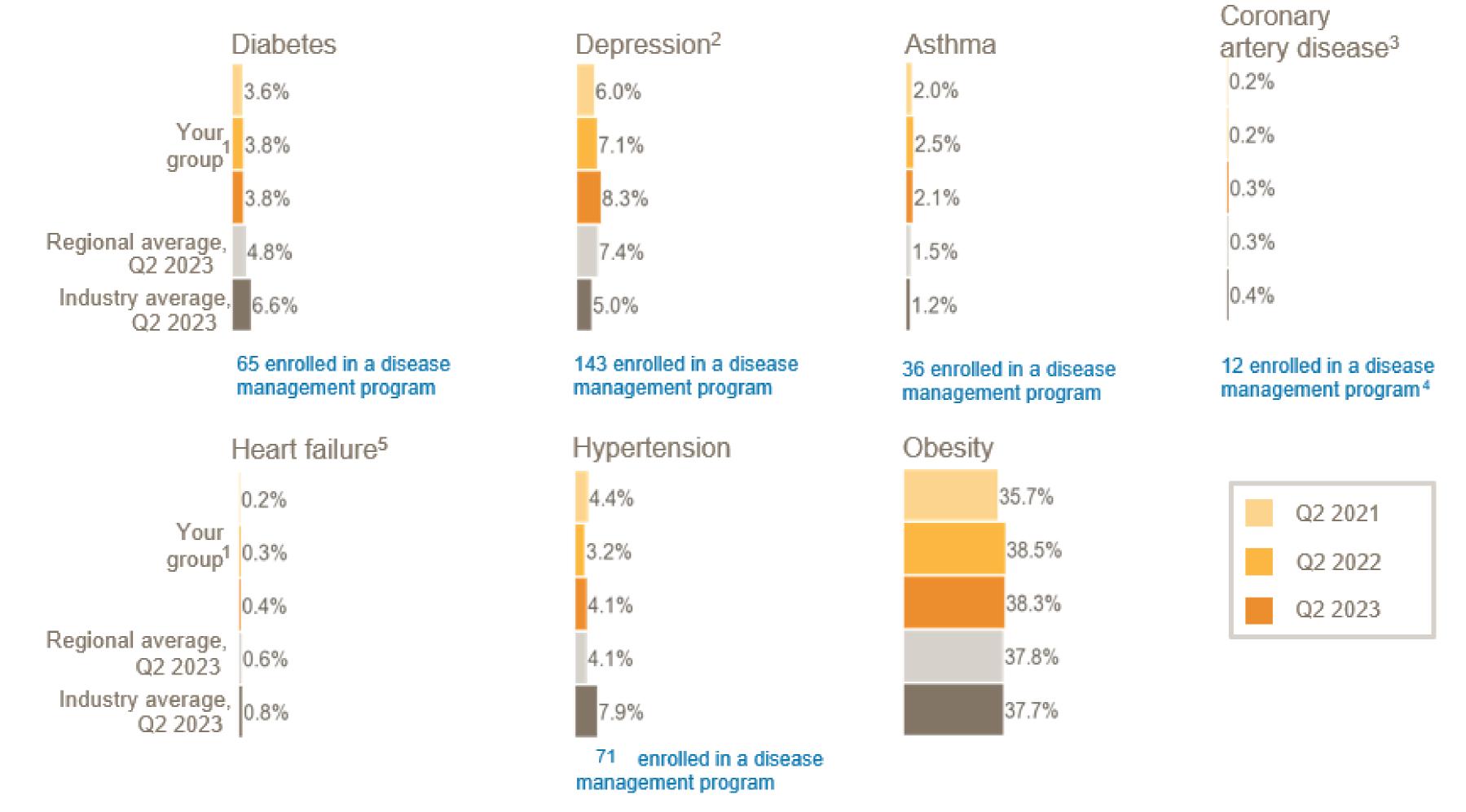
Measure	Your results, Q2 2021	Your results, Q2 2023	Regional average	Industry average	HEDIS 90 th Percentile
Breast cancer screening rate	76.9%	72.7%	56.4%	63.3%	72.8%
Cervical cancer screening rate	77.5% 78.4%		75.3% 83.5%		77.7%
Colorectal cancer screening rate	81.2%	83.7%	77.8%	83.2%	80.4%
Measure	Your results, Q4 2021	Your results, Q4 2023	Regional average	Industry average	HEDIS 90 th Percentile
Flu immunization rate	36.5%	32.5%	28.8%	33.0%	36.5%



Lifestyle Risks Overview

Measure	Your results, Q4 2021	Your results, Q4 2023	Regional average	Industry average	National comparative data
Adult weight - overweight or obese	75.5%	77.9%	75.3%	76.7%	71.6%
Childhood weight - overweight or obese	34.3%	30.8%	32.0%	31.9%	35.1%
Adult exercise - not meeting minimum	67.3%	62.2%	65.7%	68.1%	46.7%
Prediabetes test result	20.4%	26.2%	29.6%	34.2%	34.5%
Total cholesterol - borderline high or high	36.7%	39.2%	36.2%	35.7%	38.2%
Blood pressure - undesirable BP systolic/diastolic >= 140/90	15.1%	14.1%	14.8%	12.9%	33.2%
Smoking rates	9.8%	9.0%	10.8%	6.1%	13.7%

Prevalence by Chronic Condition



¹Continuously enrolled members during measurement period. ²Starting with Q4 2016 data, we're using an industry-standard disease cohort definition for heart failure and depression prevalence that more accurately reflects the latest coding. ³HEDIS definitional change to coronary artery disease prevalence beginning with Q1 2018 data release, which may result in a minor reduction in CAD result. ⁴Includes members with heart failure. ⁵See note 2. Note: Results will not be displayed if the eligible population for the metric is insufficient. Regional and industry averages are based on Kaiser Permanente membership.



Complete support in one holistic ecosystem

wellness

coaching

healthy

lifestyle

programs

resources

Self-care/Wellness

educational

classes

digital

self-help

tools

Primary care

wellness

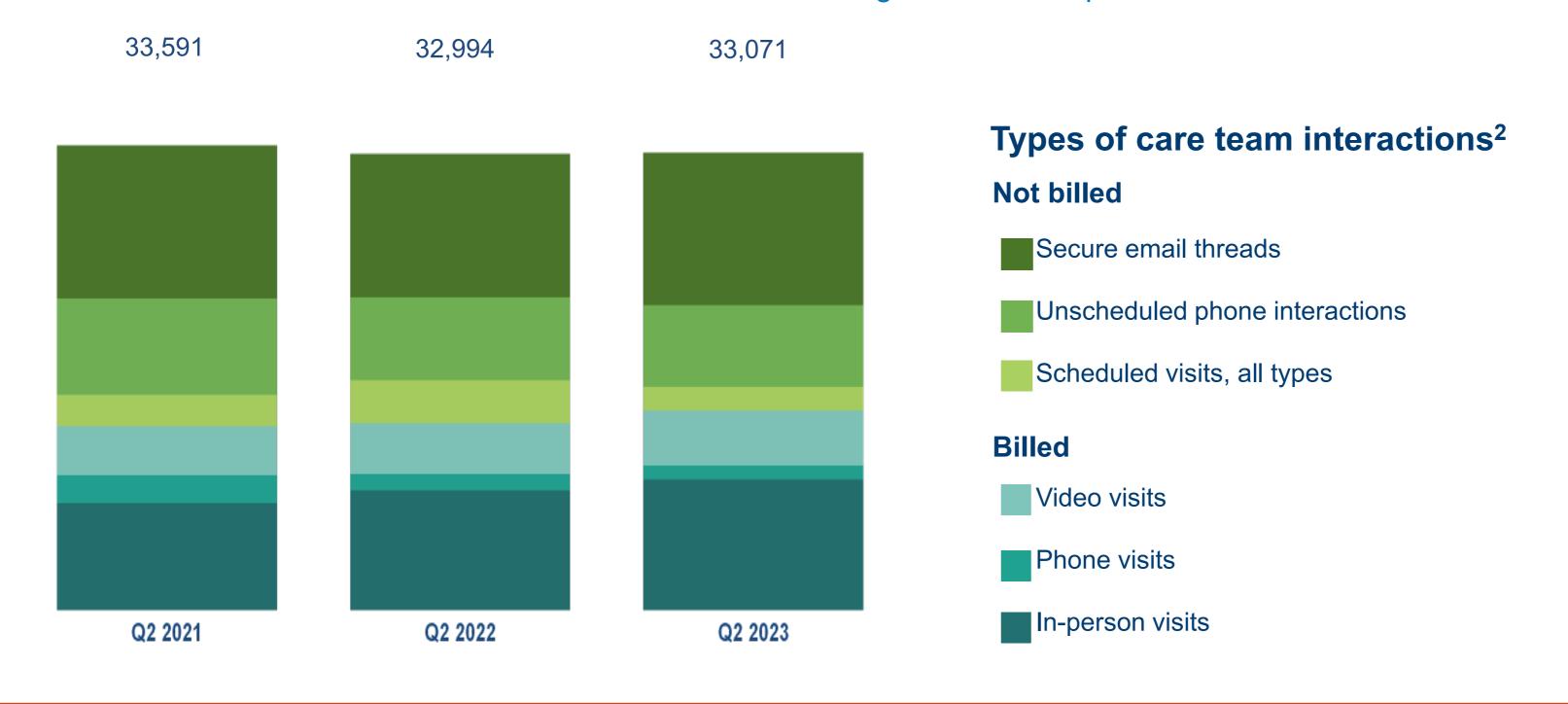
apps

We offer a full spectrum of mental health and addiction care resources for adults, teenagers, and children. No matter where a member begins the journey, we can connect them to the right support. recovery and social preventive support care outpatient services intensive outpatient services inpatient services **Emergency care Specialty care**



Your group's care team interactions

Members can easily connect with their care team for routine needs, promoting timely and cost-effective care — often without a member cost share — for issues like sore throats, flu, rashes, allergies, and back pain.¹



Telehealth utilization is higher at Kaiser Permanente⁴

Kaiser Permanente: 33% National average: 10%



18,626

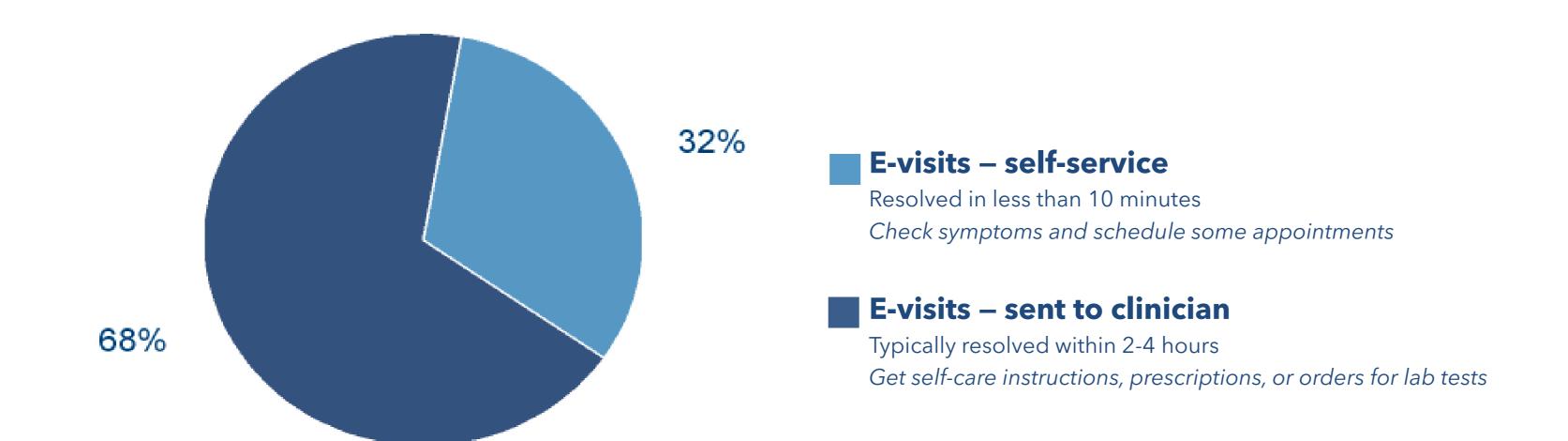
of your group's virtual care interactions weren't billed to coverage in the most recent measurement period. Members also had no out-of-pocket costs for these interactions.³

1. For some members, certain phone and video visits require a cost share. 2. Not all care interactions are represented; billed visits exclude laboratory, radiology, dental, ancillary, and hospital-based care (inpatient and emergency). 3. Interactions labeled as "not billed" do not encompass all unbilled interactions at Kaiser Permanente, such as e-visits and chat interactions. Some services may not be billed if care is provided by a nurse or midlevel clinician or is part of a bundled service. Unbilled clinical interactions are covered by the Integrated Care Management fee. 4. Kaiser Permanente Telehealth Insights Dashboard, accessed January 13, 2023; Chartis, October 31, 2022.



Your group's e-visit interactions

E-visits are a way for your employees and their family members to access high-quality care without having to go to the doctor's office. They can quickly resolve common concerns like sinus problems, respiratory infections, skin rashes, bladder infections, and more.



Kaiser Permanente members added a new E-Visit to support members **experiencing Depression**



Your group:

548 total e-visits

of e-visits resolve a member's health issue without an in-person appointment¹



no cost to members

Note: In some regions, certain e-visits may result in a claim. 1. Kaiser Permanente National Market Research, June 2020. 2. Kaiser Permanente Telehealth Insights Dashboard.



Get Care Now

24/7 virtual care from Kaiser Permanente clinicians across the U.S.

— tracked in a member's health record at every step

1. Answer questions about symptoms

To get started, members can sign in to kp.org or the Kaiser Permanente app and answer a few questions to tell us about their symptoms.

2. Choose how to get care

We'll recommend how members can get care quickly — by phone, online, or both. Where available, members can also see estimated wait times to help them choose the best option for their needs.

3. Talk with a clinician

Kaiser Permanente clinicians are available 24/7. During a visit,

the clinician will update the member's health record to help coordinate follow-up care.

*Kaiser Permanente internal data, August 2022.







all devices



Dental Updates and Innovations



DENTAL UPDATES AND INNOVATIONS

- 63% Hygiene and 54% General Dentist appointments seen within
 10 business days
- Provided 185,000 hygiene visits in 2023.
- Added 22 hygienists in 2023 and over 22,000 additional visits.
- **Eugene Expansion** with four additional operatories added for Valley River Dental Office.
- 4.8 Google Star rating in 2023
- NEW Dental Passport helps members manage and coordinate their care among other departments and services.
- NEW Dental Website
- Partnering with **Portland Community College** and **Pacific University** to train and recruit students to become dental assistant and hygienist.



PROGRAM PERFORMANCE- Clackamas County Wide Data in Green



78,000

care gaps closed (6,000 cancer screenings)



1,450
tobacco counseling
(110 accepted referrals)



8,800 diabetic care gaps closed

OUR DENTAL VISITS COME WITH SOMETHING EXTRA

- Healthy Smile
- Total Health
- Prevention
- Chronic Care Management



CLACKAMAS COUNTY 2023 MDI Performance

38%

Members utilizing dental services at co-located offices (1,485 of 3,920 visits)

57%

Members with diabetes received dental touch points (48 of 84)

34%

Members with 1 or more medical care gap closures (295 of 858)

413

Care Gaps Closed for 295 Members

DENTAL CARE MADE EASY

95% of our members would recommend us to family and friends*



FAST PASS

Text or email messages to notify members who have a scheduled appointment and on a wait list when a sooner appointment is available. Over 40 appointment types available.



KIOSKS, EXPRESS CHECK-IN AND eARRIVAL

Use of Kiosks for Dental at all co-located offices; expansion of 24- hour advanced check-in and contactless check-in through smartphones using interactive text messaging.



DENTAL ONLY ACCESS ON KP.ORG

Dental only members able to register on kp.org and enjoy a customized digital experience.



ONLINE DENTAL APPOINTING

Scheduling Tickets initiated by existing members treatment plan, make most dental appointments available online and on the mobile app. This includes **Hygiene**, **General Dentist**, **Endodontic**, **Pediatric and Orthodontic services**. Patient-initiated New Member and Emergency appointments are available to book online via kp.org.



VIRTUAL DENTISTRY

Connect to dental care, anytime, anywhere at no additional member copay. Available 24/7 telephone advice, emails through kp.org for nonurgent issues, and video appointments.



Annual Claims Utilization



CLACKAMAS COUNTY ENROLLMENT DATA - GENERAL COUNTY ONLY

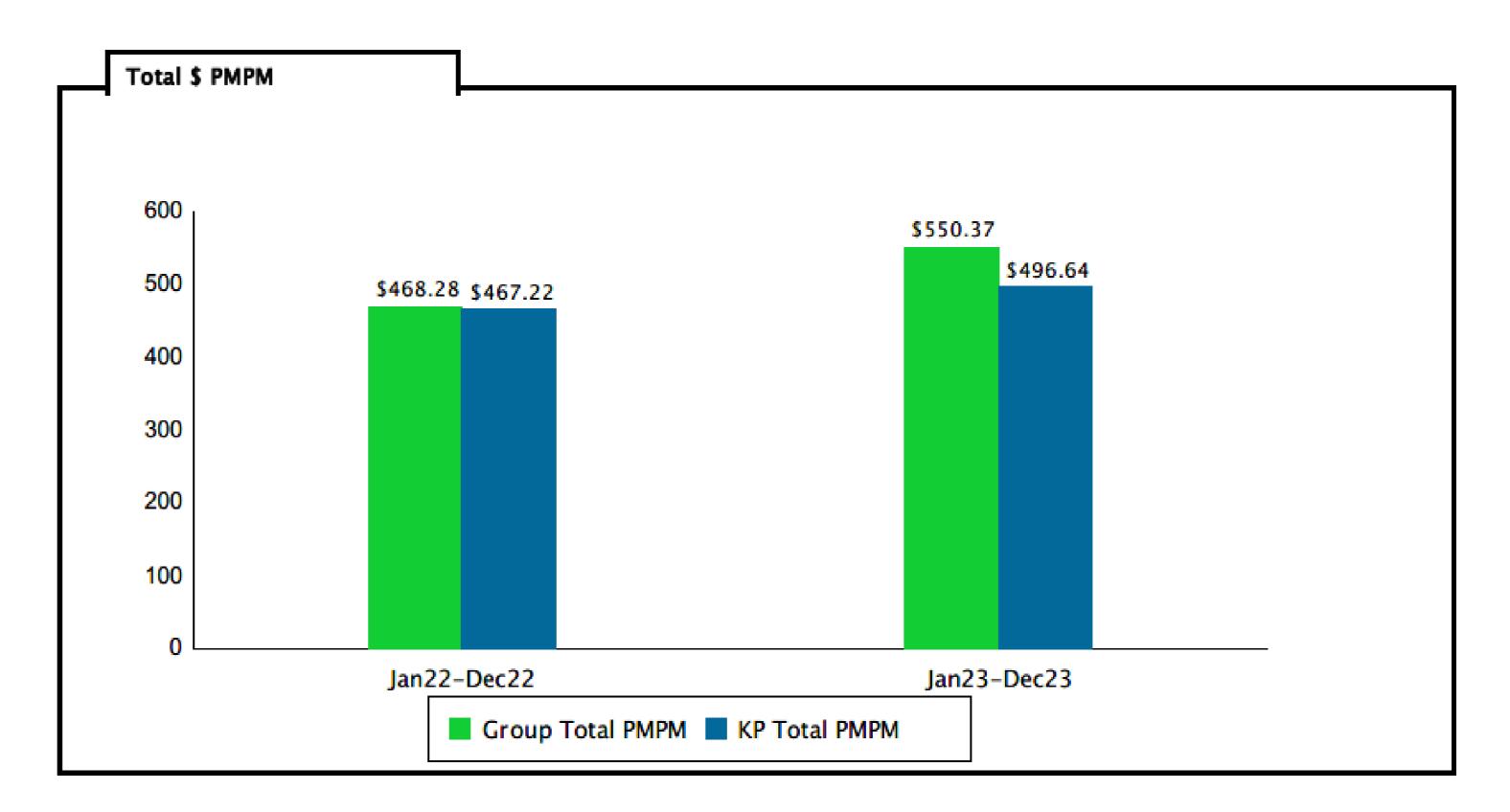
	<u>PY5</u>	PY4	PY3	PY2	<u>PY1</u>	CY	
Medical Total	Jan18 - Dec18	Jan19 - Dec19	Jan20 – Dec20	Jan21 - Dec21	Jan22 – Dec22	Jan23 – Dec23	
Member Count	1,745	1,876	1,902	1,935	1,909	1,948	
Subscriber Count	666	716	730	754	762	778	

	<u>PY5</u>	PY4	PY3	PY2	<u>PY1</u>	<u>CY</u>
Dental Total	Jan18 - Dec18	Jan19 – Dec19	Jan20 – Dec20	Jan21 - Dec21	Jan22 – Dec22	Jan23 – Dec23
Member Count	1,691	1,825	1,844	1,834	1,862	1,952
Subscriber Count	631	691	697	720	735	772

Membership Data



Medical Claims Overview



Total \$ PMPM *			
Service Category	<u> Jan22 – Dec22</u>	<u>Change</u>	<u>Jan23 - Dec23</u>
Inpatient	\$77.84	5.1%	\$81.78
Outpatient	255.95	27.1%	325.30
Pharmacy	42.36	2.8%	43.56
Other	92.14	8.2%	99.73
Total \$ PMPM	\$468.28	17.5%	\$550.37
Group to Health Plan Ratio	100.2%	10.6%	110.8%

^{*} Includes Actives and/or pre 65 Retirees only.



Group Numbers: 1183

Group Name: CLACKAMAS COUNTY

,014, 10, 10, 10, 10, 100, 200, 200, 001, 002, 003, 004, 012, 013, 014,

Non-Medicare

Region: Northwest

Prior Period: Jan 2022 - Dec 2022 Current Period: Jan 2023 - Dec 2023

> <u>Jan22 - Dec22</u> <u>Jan23 - Dec23</u>

Average Members : 1,909 1,948

General County, Medical **Benefit Ratio** 2022 & 2023

	020, 020, 910, 710, 310, 310		220, 210, 020, 91				, werage members .		.,505	.,5.0		
		Premium —		Medical Claims		Total Medical		Total Paid	Total Paid Claims	Medical Benefit		
	Premium*	PMPM	Inpatient	Outpatient	Other	Claims	Rx Claims	Claim	PMPM	Ratio**	Subscribers	Members
Current Year												
Jan 23	\$1,111,177	\$583.29	\$83,837	\$515,654	\$179,345	\$778,836	\$89,524	\$868,359	\$455.83	78%	757	1,905
Feb 23	1,114,036	583.26	169,626	599,109	177,735	946,470	114,404	1,060,873	555.43	95%	759	1,910
Mar 23	1,116,895	583.24	158,641	634,326	197,470	990,437	71,201	1,061,638	554.38	95%	763	1,915
Apr 23	1,119,897	583.58	199,088	500,454	180,039	879,582	79,270	958,851	499.66	86%	764	1,919
May 23	1,127,237	584.97	147,381	620,838	187,088	955,307	89,258	1,044,564	542.07	93%	771	1,927
Jun 23	1,128,996	584.67	222,559	690,783	210,889	1,124,232	72,230	1,196,462	619.61	106%	773	1,931
Jul 23	1,129,082	584.41	132,420	575,114	185,166	892,700	84,111	976,811	505.60	87%	771	1,932
Aug 23	1,141,676	584.28	226,478	677,548	203,393	1,107,419	100,587	1,208,006	618.22	106%	781	1,954
Sep 23	1,145,580	583.88	118,778	637,047	193,041	948,866	61,341	1,010,207	514.89	88%	784	1,962
Oct 23	1,152,169	583.97	126,202	790,992	219,477	1,136,671	98,177	1,234,848	625.87	107%	787	1,973
Nov 23	1,180,103	583.05	184,038	602,624	196,269	982,931	81,879	1,064,809	526.09	90%	808	2,024
Dec 23	1,183,521	583.30	143,007	761,297	201,903	1,106,207	76,543	1,182,750	582.92	100%	812	2,029
Total	\$13,650,369	\$583.82	\$1,912,055	\$7,605,787	\$2,331,814	\$11,849,656	\$1,018,522	\$12,868,178	\$550.37	94%	9,330	23,381
Prior Year												
Jan 22	\$1,106,600	\$573.67	\$206,480	\$417,409	\$157,276	\$781,165	\$83,932	\$865,097	\$448.47	78%	770	1,929
Feb 22	1,107,616	573.60	110,112	497,675	160,884	768,671	69,291	837,962	433.95	76%	770	1,931
Mar 22	1,097,416	573.06	179,158	527,094	178,437	884,688	93,698	978,387	510.91	89%	765	1,915
Apr 22	1,093,470	573.70	581,763	546,944	230,998	1,359,705	76,590	1,436,295	753.57	131%	764	1,906
May 22	1,085,577	574.08	46,458	512,742	189,604	748,804	71,216	820,021	433.64	76%	759	1,891
Jun 22	1,085,718	573.54	109,875	476,547	172,004	758,426	81,522	839,949	443.71	77%	757	1,893
Jul 22	1,097,475	573.09	21,518	513,565	174,505	709,588	82,996	792,584	413.88	72%	763	1,915
Aug 22	1,095,390	574.40	143,499	438,961	174,457	756,917	80,164	837,082	438.95	76%	760	1,907
Sep 22	1,091,837	574.35	145,363	460,153	169,731	775,247	58,458	833,705	438.56	76%	756	1,901
Oct 22	1,088,176	574.24	92,253	501,492	162,999	756,744	95,197	851,941	449.57	78%	752	1,895
Nov 22	1,096,834	574.56	79,259	497,278	166,220	742,757	75,090	817,847	428.42	75%	759	1,909
Dec 22	1,104,022	575.01	67,767	474,404	173,960	716,131	102,320	818,451	426.28	74%	766	1,920
Total	\$13,150,130	\$573.94	\$1,783,504	\$5,864,266	\$2,111,074	\$9,758,845	\$970,475	\$10,729,320	\$468.28	82%	9,141	22,912

^{*} Monthly Subscribers by tier multiplied by rates in effect for each month. Subscriber counts may include retroactive adjustments.

^{**} Medical and Pharmacy paid claims divided by Premium.



Group Name: CLACKAMAS COUNTY

Group Number(s): 1183

Report Period: Jan 2023 through Dec 2023

Region: Northwest

Average Members: 1,911

Product Type: Combined Traditional and PPO

General County,
Dental Benefit Ratio 2023

Month	Subscribers	Members	Premium ¹	Premium PMPM	Dental Paid Amount	Ortho Cost (Capitated)	Dental Cost ²	Dental Cost PMPM	Benefit Ratio
Jan 23	735	1,863	\$135,685	\$72.83	\$103,002	\$9,054	\$112,056	\$60.15	82.6%
Feb 23	740	1,881	\$136,776	\$72.71	\$105,512	\$9,142	\$114,653	\$60.95	83.8%
Mar 23	745	1,893	\$137,723	\$72.75	\$110,300	\$9,200	\$119,500	\$63.13	86.8%
Apr 23	745	1,891	\$137,644	\$72.79	\$114,097	\$9,190	\$123,287	\$65.20	89.6%
May 23	752	1,902	\$138,760	\$72.95	\$104,961	\$9,244	\$114,204	\$60.04	82.3%
Jun 23	755	1,908	\$139,156	\$72.93	\$108,094	\$9,273	\$117,366	\$61.51	84.3%
Jul 23	752	1,905	\$138,701	\$72.81	\$90,546	\$9,258	\$99,805	\$52.39	72.0%
Aug 23	757	1,920	\$139,893	\$72.86	\$115,787	\$9,331	\$125,119	\$65.17	89.4%
Sep 23	756	1,916	\$139,707	\$72.92	\$90,880	\$9,312	\$100,191	\$52.29	71.7%
Oct 23	758	1,927	\$140,406	\$72.86	\$124,852	\$9,365	\$134,217	\$69.65	95.6%
Nov 23	776	1,971	\$143,561	\$72.84	\$128,137	\$9,579	\$137,716	\$69.87	95.9%
Dec 23	772	1,951	\$142,596	\$73.09	\$120,351	\$9,482	\$129,833	\$66.55	91.0%
Total	9,043	22,928	\$1,670,609	\$72.86	\$1,316,518	\$111,430	\$1,427,948	\$62.28	85.5%

 $^{^{-1}}$ Monthly Subscribers by tier multiplied by rates in effect for each month. Subscriber counts include two months of retroactive adjustments.

The dental benefit ratio is up from 2022 which was 77.6%.

² Dental Cost includes dental claims and cost of Orthodontics coverage (fee based). It does not reflect other costs such as idental plan administration.

Workforce Health





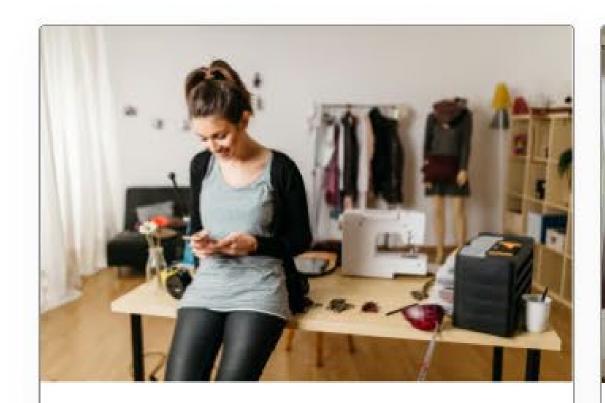




Supporting your Workforce

- Care Gap Clinics
 - Onsite and virtual options with a medical assistant, 1:1 appointments
- Experience KP Tour
 - Behind the Scenes at Sunnyside
- Benefits 101 Education Seminar
 - New Employees and Existing Employees or Early Retirees
- Annual Wellness Benefits Fair- Another great turnout!
- Support for the Focus on You Campaign

Member Resources



Self-care apps

Download wellness apps to support your health needs.



Health classes and programs

Find in-person, over-the-phone, and online wellness options.



Wellness coaching

One on one support by phone with a wellness coach.



Fitness and exercise deals

Find discounts and tools to help you stay active.

Find out More at: https://healthy.kaiserpermanente.org/oregon-washington/health-wellness

Q&A

Thank you for choosing KP!



Appendix



Your KP Team Contact List

Lilian Belaen
Executive Account Manager
Lilian.X.belaen@kp.org
971-284-0844

Wendy McClay
Sr. Workforce Health
Consultant
Wendy.M.Mcclay@kp.org

503-312-0430

Ofelia McMenamy
Engagement Specialist
Ofelia.c.mcmenamy@kp.org
503-319-8697

Jolene Daniels
Senior Associate Account Manager

Jolene.M.daniels@kp.org

971-212-1284

Ky Thai
Dental Account Manager
Ky.N.thai@kp.org
971-219-5676